

# TEAM UP USA™

## 8 SESSION YOUTH BOWLING LEAGUE



Fun  
Competition,  
Team Sport  
Where No  
One Rides  
The Bench!

- ✓ 8 Sessions each lasting 1-1/2 hours
- ✓ 3 Bowlers per team... Gather your friends and build a team or we'll place you on one
- ✓ 2 games of organized league play with on-lane coaching and use of all the equipment included

**+PLUS+ 8 FREE PRACTICE GAMES!**

# BOWLING!

THE FUN FITNESS ACTIVITY!

It is recommended that people get at least 60 minutes of exercise a day every day...

- ✓ Just bowling 2 games completes 40 of your 60 minutes of physical activity...  
Bowl a 3rd game and complete your 60 minutes
- ✓ Bowling two games results in walking a half mile using 184 different muscles while swinging around 500 pounds
- ✓ Bowling helps to build a healthy mind and body all while being a participant in a team sport

- AND -

The bowling industry awards over  
**\$6 million** per year in scholarship money



~~OVER  
\$120  
VALUE!~~

# JOIN THE FUN

**FUN SESSIONS NOW FORMING  
AT THIS CENTER!**

**ALL  
FOR  
ONLY  
\$49.95\***

\*Pay per-session option available