

TEAM UP CANADA™

8 SESSION YOUTH BOWLING LEAGUE



Fun
Competition,
Team Sport
Where No
One Rides
The Bench!

- ✓ 8 Sessions each lasting 1-1/2 hours
- ✓ 3 Bowlers per team... Gather your friends and build a team or we'll place you on one
- ✓ 2 games of organized league play with on-lane coaching and use of all the equipment included

+PLUS+ 8 FREE PRACTICE GAMES!

BOWLING!

THE FUN FITNESS ACTIVITY!

It is recommended that people get at least 60 minutes of exercise a day every day...

- ✓ Just bowling 2 games completes 40 of your 60 minutes of physical activity...
Bowl a 3rd game and complete your 60 minutes
- ✓ Bowling two games results in walking a half mile using 184 different muscles while swinging around 500 pounds
- ✓ Bowling helps to build a healthy mind and body all while being a participant in a team sport

- AND -

The bowling industry awards over
\$6 million per year in scholarship money



~~OVER
\$120
VALUE!~~

**ALL
FOR
ONLY
\$49.95***

*Pay per-session option available

**FUN SESSIONS NOW FORMING
AT THIS CENTER!**